

SALT ROOM VISITATION RULES

1. During the salt room session, the visitors lie in rest beds and breathe in air, ionised by salt.
2. During the salt room visit, please take into account the appointed starting times of the sessions; do not disturb other salt room visitors, and keep silent.
3. Children under 3 years old are not allowed to visit the salt room.
4. Children under 14 years of age can only visit the salt room with their parents.
5. Every salt room visitor is responsible for their own health condition.
6. It is not allowed to visit the salt room under the influence of alcohol or drugs.
7. It is not allowed to bring drinks and food into the salt room.



SPA & WELLNESS

LIELUPE